

2011 GLR Conference Schedule

Institute and CMTE offerings at the 2011 GLR Conference in Lake Geneva, WI are approved by the Certification Board for Music Therapists (CBMT) for the specified number of Continuing Music Therapy Education credits following each title. Credits awarded by CBMT are accepted by the National Board for Certified Counselors (NBCC). The Great Lakes Region of The American Music Therapy Association, #P-021 maintains responsibility for program quality and adherence to CBMT Policies and Criteria.



Tuesday, March 22, 2011

4:00 p.m. - 6:00 p.m.
Coat Check
Registration Open



Wednesday, March 23, 2011

7:00 a.m. - 8:45 a.m.
Coat Check
Registration Open



8:00 a.m. - 12:00 p.m.

Grand Ballroom Salon C
Understanding Autism and the Unique Role of NMT Interventions (18 CMTE's)
Suzanne Oliver, MT-BC, NMT Fellow
Proctor: Kathy Schumacher, MT-BC, WMTR

This course will provide the fundamentals for theoretical and applied understandings of autism as a psychomotor regulation disorder. Clinicians will gain skills and a knowledge base to immediately change and optimize their treatment approach, to build clinical observation skills, and to actively assist the individuals they work with to achieve more functional treatment outcomes. Participants will be actively involved through problem-

solving and skill demonstration.

Loramoor C
Music Therapy Drumming, Level 1 Intensive (18 CMTE's)

Carolyn Koebel, MM, MT-BC
Kalani, Music Therapist, Board Eligible
Bill Matney, MM, MT-BC
Mike Marcionetti, MT-BC
Proctor: Jennifer Pinson & Lisa Swanson, MMT, MT-BC

Level I Training: No previous percussion training is required to attend the level one training, which focuses on instrumental identification, foundational percussion techniques, sound quality, and rhythm skills as related to clinical practice. All material is offered to be progressively accessible to each participant through the contexts of rhythmic grounds, ensemble play, composition, accompaniment, adaptation, and group improvisation. Participants will receive 1:1 attention toward greater technical and musical competence on the djembe and frame drum in the context of traditional cultural rhythms/songs.

9:00 a.m. - 12:00 p.m.

Grand Ballroom Salon B
Clinical and Business Aspects of Music Therapy in End of Life Care (9 CMTE's)
Russell Hilliard, PhD, LCSW, LCAT, MT-BC
Jenna Justice, MM, HPMT, MT-BC
Proctor: Lisa Swanson, MMT, MT-BC

This program focuses on both common and advanced clinical practices in hospice and palliative care music therapy including music therapy supported extubations, vigil music therapy, and advanced techniques in supporting lay caregivers. In addition, participants will learn about the financial aspects of hospice that help support music therapy programs. Tips will be provided on how to not only save but also grow music therapy programs in hospices during times of Medicare cutbacks.

Grand Ballroom Salon A

One Day Introduction to The Bonny Method of Guided Imagery & Music (9 CMTE's)

Louise Dimiceli-Mitran, MA, LPC, FAMI, MT-BC

Proctor: Nikki Bossenbroeck, MT-BC, NMT

The Bonny Method of GIM involves listening to selected classical music programs in a relaxed state to elicit mental imagery from the deeper conscious self. Participants will receive an overview of GIM including a short GIM session experience in dyads, simple supervised guiding, and creating a mandala. The therapeutic functions of music, imagery and processing will be discussed as well as definitions, states of consciousness, clinical uses, contraindications, case study references, training and resources.



12:00 p.m. - 1:00 p.m. - Lunch Break



1:00 p.m. - 5:00 p.m.

Grand Ballroom Salon C

Autism/NMT Institute (con't)

Loramoor C

Drumming Institute (con't)

1:00 p.m. - 6:00 p.m.

Grand Ballroom Salon B

Hospice Institute (con't)

Grand Ballroom Salon A

Intro to GIM Institute (con't)



5:00 p.m. - 6:00 p.m. - Dinner Break



6:00 p.m. - 9:00 p.m.

Grand Ballroom Salon C

Autism/NMT Institute (con't)

Loramoor C

Drumming Institute (con't)

6:30 p.m. - 8:00 p.m.

Coat Check

Registration Open



Thursday, March 24, 2011

6:30 a.m. - 7:30 a.m.

Coat Check

Registration Open

7:00 - 9:00 a.m.

Maple Lawn Foyer

Cash & Carry Breakfast



7:30 a.m. - 12:30 p.m.

Grand Ballroom Salon C

Autism/NMT Institute (con't)

Loramoor C

Drumming Institute (con't)

7:30 a.m. - 12:30 p.m.

Maple Lawn A

An "Introduction" to Music Therapy Ethics (5 CMTE's) (FREE for attendees with full conference registration)

Debbie Bates, MMT, MT-BC

Proctor: Kelly Loesch, MT-BC, WMTR

Ethics in music therapy encompasses a vast range of topics that impacts every aspect of our professional work, from confidentiality, documentation, therapeutic relationships, to announcing services and so much more. To become proficient in ethical thinking,

education in this area must be on-going, as new issues, challenges, and questions are constantly being confronted. Participants will explore the value and purpose of professional ethics, discuss the core ethical principles, learn and utilize a Model for Resolving Ethical Dilemmas and discuss ethical issues in professional practice.

Grand Ballroom Salon B

Making Technology our Friend: Alternative Communication in Early Childhood Music Therapy Settings (5 CMTE's)

Elizabeth Schwartz, LCAT, MT-BC
Rebecca Wellman, PhD, MT-BC/DT
Proctor: conference staff

Many young children with special needs are using technology to communicate within early childhood settings. Knowing both low tech - starting with simple signs and pictures - and high tech such as full communication devices can prepare the music therapist to fully include these children. Examples and techniques will be shared.

Maple Lawn C

Playing the Kalimba for Music Therapists (5 CMTE's)

Mark Holdaway
Proctor: conference staff

Playing the kalimba is just plain fun and makes you feel good. The simplified tuning and intuitive note layout tilt the odds towards a successful musical experience, and the pretty sounds and sweet vibrations can inspire happiness and joy. We share several ways of using the kalimba clinically, what populations can benefit, and also share different ways the music therapist can use the kalimba to support their own music.

Grand Ballroom Salon A

Natural Rhythms – The Role of Sensation in Mental Health (5 CMTE's)

Claudia Meyer, OTR
Leslie Henry, MT-BC, WMTR
Proctor: Mary Stryck, MS, MT-BC

Mental health and sensory processing are a natural combination in patient centered care. The session will highlight sensory processing concepts including defensiveness, registration, modulation, and integration and how these concepts relate to Maslow's Hierarchy of Needs for optimal mental health. Specific occupational and music therapy experiential examples will be provided.

Maple Lawn B

The Biomedical Theory of Music Therapy: Understanding Brain Functioning in Music Therapy: Part 1 of 2 (10 CMTE's)

Must register and attend Parts 1 and 2 to receive 10 CMTE's.

Dr. Dale B. Taylor, PhD, MT-BC
Proctor: Tiffany Vollrath, MT-BC

The Biomedical Theory of Music Therapy and the role of the brain in various disorders will be presented. Participants will learn how to plan and utilize Patient Specific Music to alter the brain's neural impulse patterning to stimulate therapeutic changes in cognitive, physical, social, perceptual, emotional, and immune system functioning.

10:00 a.m. - 4:00 p.m.

Geneva Bay
**GLR Executive Board Meeting
(open to all GLR members)**



11:30 a.m. - 1:30 p.m.

Coat Check
Registration Open

12:00 - 2:00 p.m.

Maple Lawn Foyer
Cash & Carry Lunch



1:30 p.m. - 6:30 p.m.

Maple Lawn A

Internship Development and Supervision (5 CMTE's) (FREE for attendees with full conference registration)

Kay Luedtke - Smith, MT - BC

Proctor: Meredith Powers, MT-BC, NMT Fellow

This course is designed to review the AMTA National Roster Internship Guidelines. It will cover the application process, AMTA Professional Competencies, and strategies for internship supervision. It fulfills the National Roster Internship Directors requirement for supervision training.

Grand Ballroom Salon A

Developing Literacy Through Music Based Instruction (5 CMTE's)

Kathy Schumacher, MT-BC, WMTR

Proctor: Jennifer Davis, MT-BC

Learn how to teach literacy skills to typically developing children and struggling readers. Develop readiness skills by teaching phonological awareness and make that learning stick by using music and movement based strategies. Concepts will be illustrated through case studies of children with autism and vignettes of neurotypical children.

Loramoor C

The Heart of Rock-n-Roll is Still Beating: Rock Guitar Basics (5 CMTE's)

Peter Meyer, MA, MT-BC, NMT fellow

Proctor: Abby Jacobi, MT-BC, WMTR

Rock guitar styles are beginning to have resurgence due to the popularity of video games such as Rock Band or Guitar Hero. Consequently, it is important that music therapists are able to authentically reproduce this style. Participants will be shown chronologically the development of rock guitar from Chuck Berry to Stevie Ray Vaughan.

Grand Ballroom Salon B

Intermediate Sensory Processing Techniques: the Why, the What, the How, the Who (5 CMTE's)

Melissa Wenzell, NMT, MT-BC, NICU MT

Jennie Delisi, MA, NMT, MT-BC

Proctor: Nancy A. Dexter - Schabow, MMT, MT-BC, WMTR

Where is sensory information processed within the brain? How are sensory issues identified? What instruments can I use when working with someone who needs more sensory input? This intense yet enjoyable hands-on workshop will cover the neurology of sensory processing and dysfunction for clients of all ages and different diagnoses.

Maple Lawn B

The Biomedical Theory of Music Therapy: Understanding Brain Functioning in Music Therapy: Part 2 of 2 (10 CMTE's)

Must register and attend Parts 1 and 2 to receive 10 CMTE's.

Dr. Dale B. Taylor, PhD, MT-BC

Proctor: Tiffany Vollrath, MT-BC

See Part 1 for description.



4:00 p.m. - 6:00 p.m.

Coat Check

Registration Open



7:30 p.m. Opening Session

Grand Ballroom Salon A & B

Angie Snell, MT-BC, GLR President

"Evolving with Innovation"

Entertainment by:

Carolyn Koebel, MM, MT-BC

Kalani, Music Therapist, Board Eligible

Bill Matney, MM, MT-BC

Mike Marcionetti, MT-BC

9:00 p.m. - 10:30 p.m.
Grand Ballroom Salon C
Reception & Mixer
with the Zablocki VA Jam Band
& The Jeff Claire Project

9 p.m. - 10:30 p.m.
Maple Lawn C
Exhibits Open



Friday, March 25, 2011

7:00 a.m. - 9:00 a.m.
Coat Check
Registration Open

7:00 - 9:00 a.m.
Maple Lawn Foyer
Cash & Carry Breakfast



8:00 a.m - 9:00 a.m. Concurrent Sessions

Maple Lawn A
A Reconceptualized View of Multicultural Music Therapy Curriculum: The Expanding Concept of Multiculturalism (6)
Seung hee Eum, MMT
Presider: Roger Smeltekop, MM, MT-BC

This presentation will focus on a reconceptualized view of music therapy curricula, emphasizing multicultural music therapy programs. For this, the expanding concept of multiculturalism and the meaning of critical education theory will be discussed. The presentation will also discuss applying this multicultural music therapy curriculum to music therapy degree programs.

Loramoor A
The Newly Revised CBMT Recertification Manual: New Options and Opportunities (4)
Michael McGuire, MM, MT-BC
Presider: Nancy A. Dexter - Schabow, MMT, MT-BC, WMTR

CBMT's Recertification Program offers board certified music therapists the opportunity to maintain and update clinical skills and knowledge, and to document their participation in continuing education. It is important for MT-BCs to understand the process of recertification, including the changes that have occurred in the newly revised CBMT Recertification Manual. This presentation will highlight these changes and assist the MT-BC in better understanding the recertification process.

Loramoor C
Music Therapy and Speech-Language Pathology Collaboration for Toddlers with Language Delay (2, 7)
Andrew Knight, MA, MT-BC, NMT
Nikki Bowar, Music Therapy Intern
Lysa Berhow, Music Therapy Intern
Presider: Kelly Loesch, MT-BC, WMTR

A clinical case study on six toddlers with language delay in a weekly practicum placement, and how students and entry-level professionals can incorporate research in their current sessions will be presented. With their support, modified Music Together, LLC curriculum materials were used within a therapeutic setting.

Maple Lawn B
Music Therapists' Music Listening and Subsequent Decision-Making in Improvisational, Receptive, and Cognitive Behavioral Music Therapy (8)
Mi Hyun Bae, MMT, FAMI, NMT
Presider: Ted Tims, Ph.D, MT-BC

The researcher presents a qualitative multiple-case study investigating music therapists' music listening and subsequent decision-making in improvisational, receptive, and cognitive behavioral music therapy. Based on the data collected from three seasoned therapists, the researcher will illuminate the phenomena and discuss implications for music therapy practice, education, and research.

Grand Ballroom Salon C

Medical Music Therapy: Current Perspectives and Future Trends (1)

Heather Hodorowski, MT-BC

Presider: conference staff

Participants in this session will be given an overview of the model of medical music therapy at NorthShore University HealthSystem in Evanston, IL. The presenter will share unique features of music therapy in a medical setting as well as discuss future trends in medical music therapy.



10:45 a.m. - 11:00 a.m.

Fountain Hallway

Brenna Beecroft, MT-BC, WMTR

Native American flute



9:15 a.m. - 10:15 a.m.

Grand Ballroom Salon A & B

PLENARY SESSION:

Traditions with New Insights

Alicia Clair, PhD., MT-BC

10:15 a.m. - 12:00 p.m.

Maple Lawn C

Exhibits open

10:30 - 12:00 p.m.

Coat Check

Registration Open



10:30 a.m. - 12:00 p.m. Concurrent Sessions

Maple Lawn B

What's the Name of that Song? – Music Therapy for Individuals with Dementia (5)

Leslie Henry, MT-BC, WMTR

Presider: Rebecca McElroy, MT-BC

The presentation will discuss specific needs of individuals with dementia and provide practical examples based on current literature

and also commonly accepted practices in music therapy. Correlations will be made in regards to techniques and brain function.

Maple Lawn A

A Romp Through 66 Years of Music Therapy History at MSU (6)

Roger Smeltekop, MM, MT-BC

Ted Tims, PhD, MT-BC

Mi Hyun Bae, MMT, FAMI, NMT

Presider: Angie Snell, MT-BC

The music therapy degree program at Michigan State, with the oldest undergraduate degree program in the world, has enjoyed 66 years of educating clinicians and scholars who are now practicing throughout the world. The history and significance of this program, soon to end, will be presented, observed, and embraced in this session.

Grand Ballroom Salon C

Toddler Rock: Rocking with Preschool Literacy (2)

Edward P. Gallagher, MT-BC

Tara J. Griest, MT-BC

Presider: Abby Jacobi, MT-BC, WMTR

Toddler Rock at The Rock and Roll Hall of Fame and Museum has been introducing Rock and Roll through age appropriate experiences for over 10 years. This session will highlight the program's recent literacy based research and how these skills are developed in weekly sessions.

Loramoor A

Returning Veterans: Needs, Services and Music for Recovery and Transition (3)

Matthew Griswold, OIF Veteran

Kathryn Larson, MA, LPC, BC-DMT, MT-BC

Melissa Wenzell, NMT Fellow, MT-BC,

NICU MT

Presider: Jenny Hamholm

Veterans returning home after serving in the military have specific challenges and unique needs in which music therapy is a very

effective tool for treatment, coping and rehabilitation. Hear a veteran's personal story and his music, and learn about services for veterans in and out of VA medical settings.

Loramoor C

Intermediate Guitar Strategies for Clinical Settings (4)

Peter Roller, MA

Presider: Nancy A. Dexter - Schabow, MMT, MT-BC, WMTR

Bring fresh sounds and new guitar techniques into clinical settings. Short, accessible guitar pieces will be performed and their fundamental techniques taught, followed by brainstorming ways of employing techniques with clients. Guitar strategies include: drone with chords; open tunings/lap slide; easy major 7ths; and "thunk bass" for blues & rock. **If you are able, please bring a guitar and slide!**



12:15 p.m. - 1:45 p.m.

Evergreen Ballroom

Awards Luncheon

Entertainment by
The Alverno Chamber Singers

The Musical Stylings of
Laurie Farnan & Mary Stryck

AMTA President
Ronna S. Kaplan, MA, MT-BC, NMT
"AMTA: A Progress Report"



1:45 p.m. - 5:30 p.m.

Maple Lawn C

Exhibits open

2:00 p.m. - 5:30 p.m.

Coat Check

Registration Open



2:00 p.m. - 4:00 p.m. Concurrent Sessions

Maple Lawn A

Preparing Students for a Successful Clinical Experience in the Hospice Setting (5,6)

Erin Spring, MM, MT-BC

Caitlin Nicholas, MT-BC

Alexandra Damiano, Music Therapy Student

Presider: Erin Spring, MM, MT-BC

The aim of this presentation is to share a variety of perspectives on preparing music therapy students for beginning work in the hospice setting. Participants will engage in active discussion and hands-on role-playing exercises to further develop a skill set for both working in and preparing students for hospice work.

Maple Lawn B

A Music Therapist's Guide to Psychiatric Medications—2011 (3, 4)

Carol Herzberg, APNP

Becki Houghton, RMT

Mary Stryck, MS, MT-BC

Presider: Rebecca McElroy, MT-BC

"What am I observing? A purposeful behavior? A response to music? A side effect?" The presenters, an Advance Practice Nurse Prescriber and two music therapists who work with clients in psychiatric settings, will provide a review of psychiatric medications and address the music therapist's role in observing responses, communicating with interdisciplinary team members, and considering medication issues during music therapy interventions.

Grand Ballroom Salon C

Teaching Phonological Awareness to Develop Literacy & Jump Start Communication (2, 9)

Kathy Schumacher, MT-BC, WMTR

Presider: Tiffany Vollrath, MT-BC

Learn how to teach specific phonological awareness skills to all kids, especially those who struggle with hearing and comprehending auditory input. Concepts will be illustrated through case studies of children with autism


and vignettes of typically developing children. Leave this workshop with multiple music-based interventions to improve communication and literacy skills.

Grand Ballroom Salon A
Music Therapy and Substance Abuse: Engaging and Motivating Clients for Change (3)
Michael Silverman, Ph.D., MT-BC
Presider: Rachel Benz

Participants will learn about music therapy research involving engagement, motivation, and change for clinical work with addiction. The presenter will describe the stages of change and therapeutic techniques that can be used to empower clients. The presenter will also share case examples from working with clients in substance abuse rehabilitation.

Loramoor C
For Students Only! Developing Essential Competencies for Structuring Group Drumming Experiences
Carolyn Koebel, MM, MT-BC
Kalani, Music Therapist, Board Eligible
Bill Matney, MM, MT-BC
Mike Marcionetti, MT-BC
Presider: Jess Thering

Group drumming formats are popular in both recreational and clinical settings. This hands-on interactive session will assist students in identifying the various manifestations of group drumming, as well as identify and demonstrate specific leadership competencies. Participants will identify and practice effective rhythmic grounds, and increase their overall awareness of hand drum playing techniques. This is a taste of the CMTE offered Saturday evening, which is open to students for a \$25 fee (see registration materials).


4:00 p.m. - 4:15 p.m.
Fountain Hallway
The Milwaukee Catholic Home Choir


4:15 p.m. - 5:15 p.m. Concurrent sessions

Maple Lawn A
Empowering Women with Complex-PTSD by Applying BMGIM to Multicultural Feminist Music Therapy (3)
Seung hee Eum, MMT
Presider: Ted Tims, Ph.D., MT-BC

This presentation will focus on a case study conducted with BMGIM between an American female client with Complex-PTSD and a Korean female therapist. During BMGIM sessions, the therapist focuses on mutually empowering, egalitarian relationships, which are feminist therapy approaches, while being aware of multicultural approaches to inform multicultural-feminist music therapy.

Maple Lawn B
Interdisciplinary Collaborative Education: Profession Specific Terminology, Definitions, Practice and Teaching Approaches (6, 7)
Erin Spring, MM, MT-BC
Presider: Nikki Kriz

Presenter will discuss the results of a survey investigating the use of collaborative terminology, definitions, and teaching approaches used by undergraduate music therapy program directors when addressing the AMTA competency on interdisciplinary collaboration. Recommended terminology, models and approaches for teaching, learning and practicing collaborative skills will be presented.

Grand Ballroom Salon C
How to Revitalize an Aging Community (5)
Rita Lopienski, MA, RMT, CAC, ADC
Presider: Thea Vorass, MT-BC, WMTR

Within the current competitive environment, businesses must adapt to new ways to market themselves. Learn why and how to develop innovative programs that result in renewed energy, interest and attract your future clients and market your active aging model. Experience first hand some innovative

programs. The results of building a revitalized wellness program include renewed interest in community activities, increased opportunities to entice younger clientele, and a creative active aging platform.

Loramoor A

Using Video Modeling/Video Self-Modeling in Music Therapy: Enhancing Learning and Generalization (2, 9)

Edward T. Schwartzberg, M.Ed., NMT Fellow, MT-BC

Presider: Fran Schuenmann

Videotaping yourself and/or your clients (for their observation) can be a powerful strategy. This presentation will provide a rationale and examples for using video modeling/video-self modeling in music therapy sessions, in order to promote improvement and generalization of social skills in children and adults with Autism Spectrum Disorder.

Loramoor B

The Use of Technologies by Credentialed Therapists in Music Therapy Clinical Practice (4, 8)

Amy Foley, Music Therapy Intern

Presider: Erica Flores, MT-BC, WMTR

The purpose is to provide information about the use of technologies in music therapy clinical practice by credentialed music therapists. Perspectives will be given from the undergraduate music therapy student researcher, who will share specifics to the research survey. Specific technologies will be demonstrated in music examples.



5:15 p.m. - 5:30 p.m.

Fountain Hallway

The Milwaukee Catholic Home Choir



5:30 p.m. - 6:30 p.m.

Grand Ballroom Salon A & B
GLR Business Meeting

Grand Ballroom Salon C
GLR AMTAS Business Meeting



7:00 p.m.

Trolley rides into Lake Geneva
Sign up on board near registration.

7:00 p.m. - 8:00 p.m.

Maple Lawn A
Alverno Alumnae Reception

Grand Ballroom Salon C
Eastern Michigan University Focus Group:
Envisioning a New Degree Program



Saturday, March 26, 2011

7:00 a.m. - 12:00 p.m.

Coat Check

Registration Open

7:00 a.m. - 9:00 a.m.

Maple Lawn Foyer

Cash & Carry Breakfast



7:30 a.m. - 8:30 p.m. State Meetings

Illinois - *Grand Ballroom Salon B*

Indiana - *Maple Lawn A*

Michigan - *Grand Ballroom Salon C*

Ohio - *Maple Lawn B*

Wisconsin - *Grand Ballroom Salon A*



8:30 a.m. - 4:00 p.m.

Maple Lawn C

Exhibits open



8:45 a.m. - 10:45 a.m. Concurrent Sessions

Loramoor C

Creativity: Source, Access, Integration (4)

Michael Kamenski, MM

Presider: Rebecca McElroy, MT-BC

Is creativity the prized possession of a few or a wellspring for all? What is its source? Based on the work of Gardner, Gelb, and Csikszentmihalyi and other masters of creativity, this presentation will explore many questions regarding creativity's essence and process. Come, add your own inquiries to the discussion!

Grand Ballroom Salon A

Innovative Treatment Approaches for Traumatized Youth (2, 3, 7)

Elizabeth Pupeter, MT-BC

Stacey Otto, LCSW

Presider: Alexis Graff, MT-BC

This presentation will include a description of a treatment model for traumatized children. Presenters will explain how early trauma experiences affect brain development and, if untreated, may lead to numerous emotional/behavioral problems. Implementations of a variety of creative treatment options will be covered in a lecture and experiential format.

Grand Ballroom Salon B

Playin' It Safe: Safety Strategies for Clinicians (4)

Laurie Farnan, NMT Fellow, MMT, MT-BC, WMTR

Becki Houghton, RMT

Mary Stryck, MS, MT-BC

Presider: Michelle Schumacher, MSE, RMT, WMTR

Experienced therapists from three different populations (ID/DD, Mental Health, Jail) will

cover the topics of client and therapist safety in clinical situations with explosive and unpredictable behaviors. Physical management of crisis and deescalation techniques will be covered specific to the practice of music therapy. Examples of protective gear will be shown.

Loramoor A

The ABC's of DBT and MT with BPDs (3)

Mary Mangi, MT-BC

Presider: Jessica Thering

Dialectical Behavior Therapy (DBT) is a therapy that works with clients who have a diagnosis of borderline personality disorder (BPD). Music therapy can be a part of that! In this session, participants will learn about the development of the borderline personality, how DBT helps the patient and how music can be a part of it.

Grand Ballroom Salon C

Music Therapy in Hospice: "A Day in the Life" (5)

Carolyn Bowes, HPMT, MT-BC

Presider: Tamra Hansen, MT-BC, WMTR, HPMT

This hands-on presentation is for MTs and students interested in pursuing a job in hospice music therapy. The group will follow a shortened version of a typical hospice music therapist's day, using multiple strategies and interventions to meet the wide variety of goals music therapy addresses in the hospice setting. Bring your instrument! We'll be playing and singing and talking a lot.



10:45 a.m. - 11:00 a.m.

Fountain Hallway

Fran Scheunemann, piano



11:00 a.m. - 12:00 p.m. Concurrent Sessions

Grand Ballroom Salon A

Moving On: The Next Steps in Movement and Dance (2)

Amy Furman, MM, NMT, MT-BC

Presider: Kay Luedtke-Smith, MT-BC

Let my grant jump-start your collection of folk dances and movement interventions. The focus was to build, layer and develop skills in a sequential manner for age appropriate movement/folk dance inclusion opportunities for students in pre-kindergarten through fifth grade. Come prepared to move and dance, as sitting will not give you the kinesthetic experience.

Grand Ballroom Salon C

Music Therapy in End of Life Care: A Medical Perspective in Community, Inpatient and Pediatric Settings (1, 2, 5)

Elizabeth Espinoza, MA, MT-BC, MS, RN

Heather Hodorowski, MT-BC

Alison O'Mara, MM, MT-BC

Presider: Jess Thering

Participants will receive an overview of music therapy in end of life care across the continuum including pediatric, community settings, and inpatient. The presenters will share unique features of music therapy in end of life care as well as discuss effective self-care strategies for music therapists in this setting.

Loramoor C

Physiological Effects of Music and Auditory Stimuli (8)

Alyssa Neri, student

Lisa Gallagher, MA, MT-BC

Presider: Lalene Kay, MM, ACC, MT-BC

The relationship between the type of music heard and physiological reactions was researched. Range of motion, exerted strength, and resistive strength were focused on with five music types. Results will be shared, and a demonstration given with musical examples.

Grand Ballroom Salon B

Rock Operas and Rockumentaries as Interventions for Psychiatric Consumers: Interventions and Research (3, 8)

Michael Silverman, PhD, MT-BC

Presider: Jenny Hamholm

The presenter will discuss the use of "rockumentaries" and "rock operas" as music therapy interventions for psychiatric consumers. The presenter will demonstrate each intervention with participants, share results from randomized and controlled research studies, and generalize the interventions to other settings, cultures, and clinical populations.

Loramoor A

Creating a Music Therapy Program in a Children's Hospital: Trials & Triumphs (1, 2, 7)

Nancy A. Dexter - Schabow, MMT, MT-BC, WMTR

Presider: Meredith Foshag

The presenter will trace her fifteen-year journey to establish a music therapy program in a children's hospital, detailing resistance, misconceptions and gradually greater levels of success.



12:00 p.m. - 2:00 p.m.

Maple Lawn Foyer

Cash & Carry Lunch

Music by:

Blue Plate Special

12:00 p.m. - 1:30 p.m.

Maple Lawn A & B

Networking Luncheon - Bring your lunch and network with others with similar interests.

1:00 p.m. - 1:45 p.m.

Grand Ballroom Foyer

Poster Research Presentations

Please see a full listing of research and presenters on page 24.

1:00 p.m. - 1:45 p.m.
Grand Ballroom Salon C
Internship Fair

IL: Giant Steps - Meredith Powers, MT-BC, NMT
Fellow

**IL: NorthShore University HealthSystem
Evanston Hospital** - Heather Hodorowski, MT-BC

IL: Seasons Hospice & Palliative Care - Shelby
Smith, MT-BC, HPMT

IN: Behavior Specialists of Indiana, LLC -
Stephanie Harris, MA, MT-BC

IN: Bi-County Services, Inc. - Karel Decker, MME,
MT-BC

MN: Fraser - Kay Luedtke-Smith, MT-BC

MN: Park Nicollet Health Services - Gretchen
Marble, MT-BC

WI: Fon du Lac Lutheran Home - Rebecca McElroy,
MT-BC

WI: Orchard Manor - Lisa Swanson, MMT, MT-BC

WI: Vitas Innovative Hospice Care - Kathryn
Hanna, MT-BC, WMTR

1:00 p.m. - 5:00 p.m.
Coat Check
Registration Open



1:30 p.m. - 3:00 p.m. **Concurrent Sessions**

Loramoor C

**Gifts of Grief: Music Imagery for
Individuals and Groups Grieving the Loss of
a Loved One (5)**

Laura Pawuk, MM, MT-BC, CLP

**Presider: Tamra Hansen, MT-BC, WMTR,
HPMT**

Music Imagery provides clients with a safe portal for discovering supportive and transformative imagery. Case studies will illustrate the technique and its effectiveness for generating insight, emotional expression, understanding, meaning-making and group cohesion as well as for improving coping, reducing anxiety and / or honoring the person who died.

Grand Ballroom Salon B

**The Effects of Behavior Medication on
Developmental Disabled and Autistic Clients
(4, 9)**

Lindsey Oldham, MT-BC, NMT
Diane Parker, MA, CRC, MT-BC
Presider: Kelly Loesch, MT-BC, WMTR

Participants who attend this presentation will be given an overview of psychotropic medications and how they effect clients with autism and developmental disabilities in music therapy sessions. Presentation topics will include: common medications, possible side effects, considerations for music therapy applications, and vignette discussions.

Grand Ballroom Salon A

**Reimbursement: What Every Music Therapist
Should Know (4)**

Annie L. Heiderscheit, Ph.D., MT-BC, FAMI,
MFT

Presider: Nikki Kriz

All music therapists need to have a basic understanding of the reimbursement process. This session will review reimbursement sources and the steps required to access coverage. Participants will learn how the process of financing music therapy can vary by clinical setting, client diagnosis, and payment source.

Grand Ballroom Salon C

**Developmental Disabilities & Aging
Roundtable: Identifying Best Practices in
Music Therapy (5, 9)**

Ellen Rayfield, LCPC, MT-BC

Nancy Dexter - Schabow, MMT, MT-BC,
WMTR

Presider: Erica Flores, MT-BC, WMTR

Due to improved medical care, many clients with developmental disabilities are living longer healthier lives. A longer life span also brings the issues of aging to this population. Conference participants are welcome to bring case examples, successful music therapy interventions, questions and comments for development of best practices with this unique blend of populations.

Loramoor A

Neurophysiological Bases for Harmonica Referrals and Treatment for a Variety of Populations (1, 7)

John Schaman, M. D.

Lee Anna Raser, MT-BC, WMTR, NMT Fellow

Presider: Amber Tappe

Video examples of research to study the effect of playing harmonica on lung function will be presented along with descriptions of anatomy and pulmonary functioning. Rationale for using harmonica with various populations based on results from research studies will be provided with Neurologic Music Therapy applications for OMREX and VIT.



3:00 p.m. - 3:15 p.m.

Fountain Hallway

Holly Turpin, piano



3:15 p.m. - 4:45 p.m. Concurrent Sessions

Loramoor C

Every Generation a Song (5)

Leslie Henry, MT-BC, WMTR

Presider: Mary Shafarik, MT-BC, WMTR

The generations provide a mutually beneficial opportunity for growth and discovery and what better way than through musical media. Discover why you should develop this into your practice and how it can help those individuals you work with. Session plans will be discussed and demonstrated according to a variety of developmental levels.

Loramoor A

Communication Devices – Switch Your Perspective! Using Assistive Technology Non-Traditionally to Play Instruments (2, 4)

Jennie Delisi, MA, NMT, MT-BC

Presider: Nancy A. Dexter - Schabow, MMT, MT-BC, WMTR

Communication devices are traditionally used in music therapy sessions for communicating with words by adults and children with communication difficulties. Find out how one program is using a variety of communication devices and assistive technology to help individuals with physical and / or communication difficulties sing, play instruments, and participate in bands.

Loramoor B

Walk the Line: A School Based Therapeutic Curriculum for Across Disciplines (2, 3, 7)

Laura Heinen, MT-BC

Cynthia Carlson, MA, ATR-BC, LCPC

Kristen Jakubowski, CTRS

Presider: Jessica Giese, MT

Within a therapeutic day school different therapeutic disciplines combine to create a comprehensive treatment team that facilitates student growth. Having such a large treatment team many challenges do arise including consistency of care, lack of streamlined goals and issues with communication across disciplines. In response to these particular challenges the Cross-Discipline Therapeutic Curriculum was developed.

Maple Lawn B

Roundtable for Educators and Internship

Directors/ Supervisors: Continuing Collaboration and Dialogue (6)

Kay Luedtke-Smith, MT-BC

Lalene D. Kay, MM, ACC, MT-BC

The purpose of this roundtable is to exchange information and ideas for implementation of the AMTA Standards for Education and Clinical Training. The co-presenters will highlight various issues for group discussion, with a focus on how academic faculty and internship directors / supervisors work in partnership to develop student competencies.

Grand Ballroom Salon C

Music Treatment: The Music Factor (4)

Sarah Wiemeyer, LPC, MT-BC

Kimberly Peyton-Reyes, MT-BC

Jillian Palmer, Music Therapy Intern

Presider: Jess Thering

The purpose of this presentation is to present a "method" for specifically considering, describing and defining how music and its elements are involved in music therapy treatment. The development of defining the methods, live examples and treatment plans using the "method" terms will be presented.



4:45 p.m. - 5:15 p.m.

**Grand Ballroom Salon A & B
'Rhythm & News'**

**Carolyn Koebel, MM, MT-BC
Kalani, Music Therapist, Board Eligible
Bill Matney, MM, MT-BC
Mike Marcionetti, MT-BC**

5:15 p.m. - 6:15 p.m.

**Grand Ballroom Salon A & B
GLR Business Meeting with AMTAS (until
5:45)**

5:45 p.m. - 6:15 p.m.

**Grand Ballroom Salon C
GLR AMTAS Business Meeting**

**Quick Cash & Carry Meals available at the
Gelato Cafe for CMTE participants**



7:00 p.m. - 11:30 p.m.

**Loramoor A, B & C
Developing Essential Competencies for
Structuring Group Drumming Experiences (5
CMTE's) (\$40 fee for those with full
conference registration, \$25 for students with
full conference registration)**

**Carolyn Koebel, MM, MT-BC
Kalani, Music Therapist, Board Eligible
Bill Matney, MM, MT-BC
Mike Marcionetti, MT-BC
Proctor: Nancy A. Dexter - Schabow, MMT,
MT-BC, WMTR**

Group drumming formats are popular in both recreational and clinical settings. This hands-on interactive CMTE will assist participants in identifying the various manifestations of group drumming, as well as identify and demonstrate specific leadership competencies. Participants will identify and practice effective rhythmic grounds, and increase their overall awareness of hand drum playing techniques.

7:30 p.m.

**Swinghurst Room
Movie: Temple Grandin**



Sunday, March 27, 2011

7:30 - 8:45 a.m.

**Coat Check
Registration Open**



8:00 a.m. - 1:00 p.m.

**Grand Ballroom Salon C
Hands On - A Songwriting Process for
Beginning and Experienced Songwriters (5
CMTE's)**

**Nicole Martens, NCTM
Kathy Schumacher, MT-BC, WMTR
Proctor: Lisa Swanson, MMT, MT-BC**

What makes a melody capture the attention and replay itself in the mind? The songwriting process will be presented in concrete steps, resulting in music that is highly effective for attaining specific clinical goals. Participants will see numerous examples, take some home, and gain confidence in writing and modifying songs themselves.

**Grand Ballroom Salon A
Music Therapy Research for Clinicians: A
Nuts & Bolts Workshop (5 CMTE's) (FREE for
attendees with full conference registration)
Annie Heiderscheit, Ph.D., MT-BC, FAMI,
MFT**

Nancy Jackson, Ph.D., MT-BC
Kathy Murphy, Ph.D., MT-BC, LCAT
Proctor: Nancy A. Dexter - Schabow, MMT,
MT-BC, WMTR

MT clinicians often feel that they are not equipped to carry out clinical research. This workshop will teach participants about finding appropriate collaborators and mentors, accessing needed resources, and will help participants to begin formulating a plan for specific clinical research topics that they bring to the session.

Maple Lawn A
No MT Left Behind: MT-MRB School Music Therapy Assessment and IEP Training (5 CMTE's)

Angela M. Snell, MT-BC
Laurel Rosen-Weatherford, MT-BC
Proctor: conference staff

Extended from the CMTE Separate is Not Equal (presented at previous conferences), this workshop trains attendees to effectively and legally conduct school MT assessments and navigate local district IEPs. Participants will write mock assessments and IEPs based upon case examples and video footage using the time-tested Music Therapy Music-Related Behavior Assessment (MT-MRB).

Maple Lawn B
Harmonica Playing to Target Health Goals for a Variety of Populations (5 CMTE's)

John Schaman, M.D.
Lee Anna Rasar, MT-BC, WMTR, NMT
Fellow
Mary Jane Gormley, author
Proctor: Amber Tappe

Participants will learn to design therapeutic harmonica programming for a variety of populations to target medical goals, including NMT techniques of OMREX and VIT. Research and resources for therapeutic programming, types of and tunings for harmonicas, precautions, and how to select harmonica notation systems will be described.

John Schaman, M. D., will share about the role of the harmonica in lung improvement/rehab programming and research. He has developed and directed a cardiac fitness association and aerobics center in Ontario, and more recently has focused on research with the diatonic harmonica, lung excursion and function.



Thank you for joining us for
the 58th Annual GLR
Conference! We hope you
leave revitalized and
refreshed!

See you next year in
Michigan!

